

Future of School Psychology in India

Imtiyaz Basheer Khan, PhD
Jayanti Sundar Rajan, PhD

Presenters

- Imtiyaz Basheer Khan, India



- Jayanti Sundar Rajan, India



Thank You

Dr. Carmelo M. Callueng



ISPA

International School Psychology Association

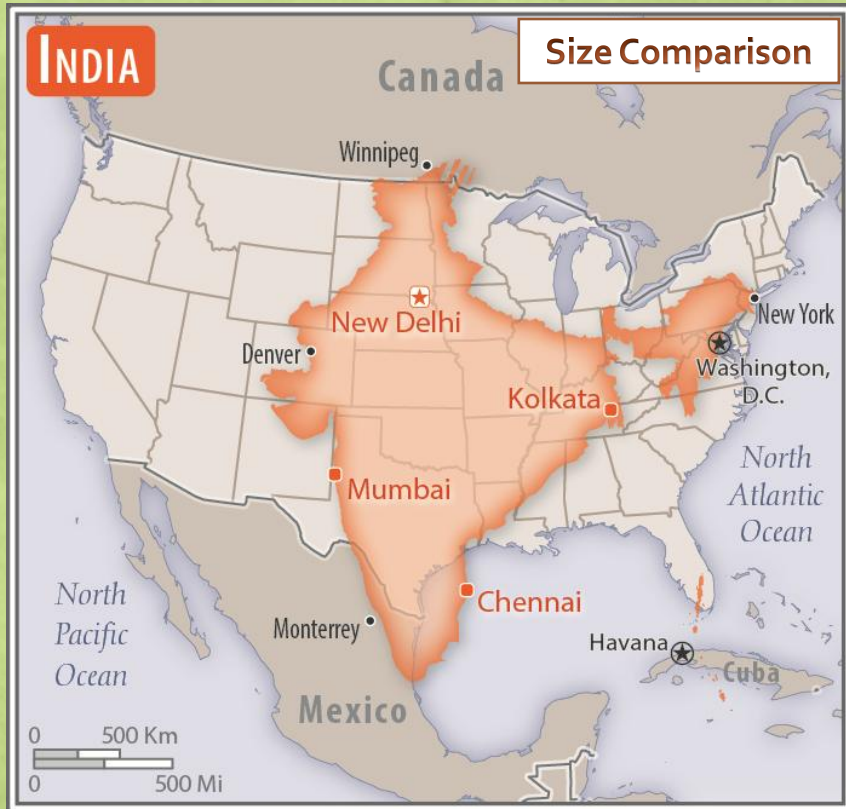


UNIVERSITY OF NEBRASKA KEARNEY

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Our Country



Capital	New Delhi	
States	29	States have their own elected governments
Union Territories	7	Ruled directly by the Central Government
Religions	76	Hinduism (830 million), Islam (140 million), Sikhism (19 million), Christianity (20 million), Buddhism (8 million), & Jainism (4 million)
Languages	22 National Languages	Hindi is the Official Language English is widely spoken and is the language of commerce
Demographic Profile	0-14 years - 28.5%	75% below 35 years; 50% below 25 years.
Indian Standard Time	GMT + 05:30	
Area	3.3 Million sq. km	Surrounded by Sea on three sides
Population	1,236,344,631 (2014)	
Literacy Rate	74.04%	

Current state... India

Positives

- Easy access to all modes of communication - Technological Development
- Easy access to resources - Increased Standard of Living
- Higher level of English Literacy – Increased Awareness about Right Education

Negatives

- Transition Culture – One third is attracted towards westernization, another one third is sticking to Indian culture and traditions while the remaining one third is shuttling to and fro.
- More and more parents are adapting western style of living whereas they set limits on their children; on the other hand, children have become a prey caught between the core values of Indian culture and the maximum western influence in the recent times. In fact, escalation in communication media is affecting the minds of children largely towards westernization.

Educational System in India – Schools and Boards

▪ Schooling

- Primary Kindergarten (Pre KG)
Starts at 3 years of age
- Two years of kindergarten (lower and upper)
- Ten years of classroom study
- Following that, the student has an option to choose between two years of higher classroom study or three years of technical education.
- Completion of either of this makes one eligible for college education.

▪ Board

- Each state has its own boards.
- CBSE, IGSCCE and NIOS are the central boards running across the country.
- Students have the option of choosing between government funded public schools or state government controlled private schools or central board schools.
- First language is usually the state language, second language is English and Hindi, third language.

Educational System in India – College System

- College Study
 - 3/4/5 years of graduation (Bachelors)
 - 3 in case of arts and science
 - 4 in case of engineering
 - 5 in case of Medical
 - Two years of post graduation (Masters)
 - Research Studies (M. Phil and Ph D)
- Boards
 - Each discipline has its own board like Medical Council of India for Medicine, All India Council for Technical Education for Engineering, Agriculture Board for Agriculture studies.
 - All other Arts and Science courses that are not technical falls under University Grants Commission
 - All the professions are regulated by their own board of control except psychology.

Number Game (prospects for school psychology practice)

- Schools
 - 13,03,812 government schools (2009)
 - 2,54,178 private schools
 - 39,53,790 teachers in govt schools (2009)
 - 22,89,94,454 students (2012)
 - Total No. of Schools affiliated with CBSE : 14,974
- Colleges (2012)
 - IITs (15), NIT (20) and IIMs (8)
 - Universities 659
 - Central Universities 152
 - State Universities 316
 - Private Universities 191
 - Colleges 33,023
 - Central 669
 - State 13,024
 - private 19,930
 - 25.9 million students
 - India now ranks second in the world in terms of enrollment of students only after China; third being the USA.

Education System in India- Current Status

▪ Schools

- Similar to the UK, it's "too much too soon"
- Schooling starts as early as 30 months and schools competing in providing the best in terms of quantity.
- This results in disabilities, mental health issues, lack of interest in academics, lack of social awareness, addiction and so on.

▪ Colleges

- Children remain in the grip of parents until they complete their schools.
- Once they enter the college, they are almost free to explore and learn.
- But, lack of guidance and lack of opportunities to explore diverts the child from real life goals.
- College education is neither pragmatic nor practical; it's just another 3 to 4 years of book learning which never interests the student.
- Result: more and more problems...

Educational System in India - Current issues

- Students are technically sound and smart whereas teachers lack behind.
- The knowledge gap between the teacher and the child is growing but the efforts to bridge this are never pursued.
- Parents are trying their maximum to match their children with the competitive world but in the process, they are killing the childishness and over burdening the children.
- Apart from Central Educational Boards, all state boards are stuck with a curriculum that is outdated and obsolete.
- Employment skills and life skills are neither taught nor an opportunity is provided for the students to learn.
- Irrespective of the higher cost, the quality of education has been on the down side.

Educational System in India – Common Problems in Schools

13 – 17 years

- Peer Relationship Issues
- Infatuation, Love & Romance
- Parent Child Problem
- Learning Problems
- Conflict with Ambitions
- Substance abuse and Masturbation
- Homo / lesbian, Alcohol, Smoking, etc.
- Conflict with Teachers
- Curiosity to try exciting things
- Abuse of all kinds
- Over Confidence
- Mood Disorders
- Eating Problems
- Lack of clarity in deciding future
- Music and Entertainment Importance
- Sports Interest
- Family Issues
- Stress
- Anger
- Life Transition
- Thoughts of suicide
- Mind gets blank
- Texting and FB
- Fear of unknown origin -often occurs in girls
- Anxiety
- Discouragement
- Poor Self Confidence
- Partying
- Mother / Father Behavior
- Addiction

Educational System in India – Common Problems at Schools

10 – 13 years

- Bullying
- Teasing
- Low Self Esteem / Self Image
- Gossiping
- Love letters
- Gang fights
- Peer Issues
- Anger
- Depression
- Physical abuse
- Sexual abuse
- Emotional abuse
- Eating and body image concerns
- Feelings that cause discomfort
- Learning Problems
- Loneliness
- Issues around sex and sexuality
- Exam Phobia
- Mind gets blank
- Confused state of mind
- Addiction to Internet chatting
- Memory of lost friend(s), past lover(s), pets, etc.
- Fear of unknown origin - often occurs in girls
- Anxiety
- Mother / Father Behavior
- Sibling Rivalry
- Blackmailing
- Adult Video Addiction

Educational System in India – Common Problems at Schools

7– 10 years

- Stealing
- Teasing
- Curiosity
- Learning Problems
- Adamancy
- Appetite Problems
- Intolerant OR violent
- Bedwetting
- Phobias
- Low grasping potentials
- Feeling irritated or restless

Educational System in India – Common Problems at Schools

Below 7 years

- Allergic towards Rest rooms
- More friends or no friends
- Not writing
- Pinching & Beating
- School Abstinance
- Poor handwriting
- Phobias
- Bedwetting
- Inattentive
- Tantrums
- Disabilities

Status of Psychologists in India – Rise and Fall of Psychology

- The last decade has witnessed a huge increase in public awareness about mental health issues.
- 20% of the movies released was based on mental health issues.
- Programs on mental health issues are telecasted on a regular basis.
- Schools look out for solutions from psychologists.
- The outgoing students were not trained and equipped enough to meet the growing demands
- Neither therapy nor the assessments had a vital role to play in the curriculum.
- Students were complete strangers once they enter the market place lacking employability skills.
- This even resulted in smart HRs taking the role of psychologists.

Status of Psychologists - Continued

- There is no board in India to regulate, guide and control the practice of Psychology.
- Rehabilitation Council of India regulates Clinical Psychologists who passed out from its own institute. But they are very few in number.
- Rest of the psychologists practicing are from different universities and colleges that do not fall under the Rehabilitation Council of India.
- The profession is left exposed; anyone who has a little knowledge can start his/her own practice.
- We are demanding for a council like Psychology Council of India which may regulate the professional practice.

The demand for school psychology services

- Huge.
- Every school needs to have a psychologist and we got fifteen lakh (15,00,000) schools
- Besides schools, there are a number of colleges, institutes, and universities.
- The demand is really huge!

School Psychology in the past decade – “Making it count – sailing the tide”

- In the past decade, many of them took School Psychology in their own hands and tried to make inroads....
- Leave alone the practice, most of them have not even heard the term “school psychology.”
- I still remember those days when I talk about “school psychology,” people ask me whether I am referring to “schools of psychology.”
- But, the practice was based on what they can offer and the school’s requirement. A few tens were in practice and each one had his or her own way of working with schools.

Towards School Psychology Promotion – Formation of “School Psychology India”

- And from those few professionals, a handful joined together and researched on how the world does it and how we are doing it. We matched it with Indian school requirements and we balanced it with the current status of the profession. We created a model for ourselves and this model is now widely in practice spread throughout India. Our trainees, around 400 in number, are now practicing this school psychology model in their schools and most of them are working as freelancers serving two or more institutions.
- We formed an association for psychologists working at schools and colleges called ‘School Psychology India’.

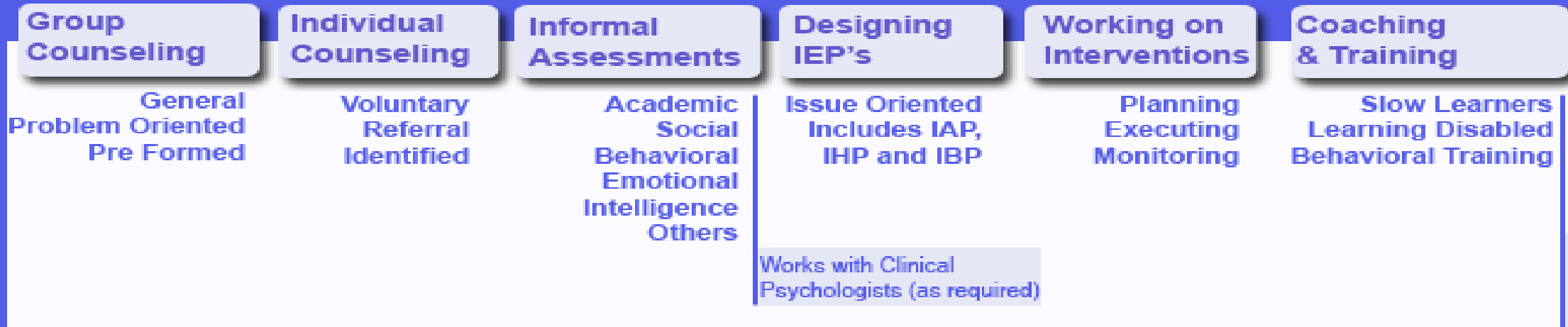


Towards School Psychology Promotion – The road so far...

- School Psychology Model
- Residential Training
- Working with International partners like you
- Drafting Professional Ethics (a team is working on it)
- Guiding Schools
- Conducting Programs at Universities
- Free Online Courses in School Psychology
- Associating with Schools

Towards School Psychology Promotion – School Psychology India Module

School Psychology Working Module



Towards School Psychology Promotion –Training Programs



**For Training Videos,
Visit
www.youtube.com/drimtiyaaz**

Towards School Psychology Promotion – Guiding Schools – Our School Psychologists at Work



Towards School Psychology Promotion – Working With Students at Universities



Expecting Your Co-operation and
Thanking You for the Opportunity

THANK YOU

Imtiyaaz, PhD
Course Director
Institute of Holistic Mental Health
[Http://www.imh.in](http://www.imh.in)
imthuu@gmail.com

Jayanti Sundar Rajan, PhD
Consultant Psychologist
Roshini Counseling Center
sjay70@gmail.com